1800 30th Street, Suite 215 Boulder, CO 80301 303-546-9201 fax 303-545-5080 www.pacewestpt.com <u>info@pacewestpt.com</u>



Trevor Pace PT, DPT, MS Chris West, MPT Darcy Vanderbie Pace, MPT Paul Fohrman PT, OCS Katie Andrews, DPT Henry Madsen PT, DPT Christina Hunt, PT, DPT Max Schultz PT, DPT

oday's date:						
Name:email:						
referred name: Pronouns:						
ddress (if changed)						
est Phone #: cell home work Pate of birth:						
las your insurance changed? YES NO lew Insurance Carrier Name:						
CURRENT HISTORY: pecifically, what is your present problem or complaint?						
Vhen did this current episode begin?						
Date of injury/onset:/ Date of surgery:/						
What caused the current condition? <u>Accident</u> <u>Overuse</u> <u>Sports Injury</u> <u>Surgery</u> <u>Unknown</u> <u>Work</u> Other						
ate the intensity of your pain: $\mathbf{B} = \text{at its best}$ $\mathbf{W} = \text{at its worst}$ $\mathbf{A} = \text{average}$ for example, if on your best days, your pain level is a 2, write the letter "B" on the 2 on the scale below)						
no pain) 0 1 2 3 4 5 6 7 8 9 10 (worst imaginable pain)						
your pain: Constant or does it Come and go						

Not changing

On the diagram to the right;

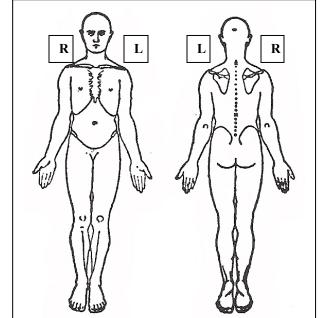
Please indicate where you have pain:

Is your pain getting: <u>Better</u> <u>Worse</u>

a. <u>Circle</u> - areas of pain

b. XX - areas of numbness/tingling

- areas of muscle tightness/soreness



What position or activity eases your pain the most?						
What position or activity aggravates your pain the most?						
Current Activity level: 0% = bedridden 100% = able to perform all pre-injury activities						
<u>0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%</u>						
How is your general health? <u>Poor Fair Good Excellent</u>						
What is your current stress level? <u>Low Average High</u>						
Are you currently or have you recently taken any of the following medications?						
Antibiotics Antiinflammatories Blood Thinners Heart Meds Muscle Relaxants Pain Killers						
Steroids (cortisone) Other						
Is there any chance you may be pregnant at this time? Yes No Since the onset of this problem, have you had any of the following interventions?						
<u>Surgery MRI CT Scan X-Rays Injections Nerve Blocks Bone Scan Blood Tests Massage</u>						
Chiropractic Physical Therapy Acupuncture Other						
Please describe:						

PRIVACY PRACTICE AGREEMENTS & CONSENTS

I authorize the release of any medical information I further authorize payment of medical benefits di	n necessary to process the claim for services rendered.
Troffile dofflorize payment of medical benefits a	Patient Initials
	alth information. A Notice of Privacy Policies is posted acy practices, please ask the front desk receptionist to
➤ I hereby acknowledge that I consent to treatmen	t at Pace West Physical Therapy Patient Initials
I verify that the above information is, to the best of	
7 TVelly marine above mornanon is, to me best of	my knowledge, decorate and complete.
Patient or authorized person (signature)	Date
Pace West Physical Therapy will verify coverage with your appointment. However, it is important for you to refer to y limitations, regarding your coverage for outpatient physic guarantee of payment, but only a description of your pot made by your insurance company upon the receipt of su	your insurance policy to verify details, including cal therapy. Insurance benefits quoted are not a tential benefits. Final determination of benefits will be
Patients or Guarantors are responsible for paying co-pays and services, services that exceed benefit limitations, no- payments for supplies and non-covered services are due	shows, and/or late cancellations. Copayments and
If you are treated as a result of an auto accident and havinsurance carrier directly. If your medical payments cover health insurance carrier. If you are treating as a result of a Compensation carrier will be billed directly. A referral from	erage is exhausted, we will subsequently bill your a Worker's Compensation accident, your Worker's
Pace West Physical Therapy reserves the right to charge \$ made 24 hours in advance of the appointment time.	383 for no-show appointments or cancellations not
If collection and/or legal services are required to obtain p minor) is responsible for all costs reasonably incurred, incluinterest at a rate of 1 $\frac{1}{2}$ % per month.	
I have read the above payment policy, and I understand	my responsibilities.
Patient or authorized person (signature)	Date
MINOR CONSENT: I hereby authorize Pace West Physical Print Name: Relationship: Signature: Date:	

PACE WEST PHYSICAL THERAPY CONSENT AND RELEASE FOR TRIGGER POINT DRY NEEDLING PROCEDURE (TDN)

This form is a consent form and a general release of medical liability for the TDN procedure. By signing this form, you are agreeing not to hold Pace West Physical Therapy or its staff liable for any complications that may arise from the usual application of this procedure. Prior to receiving TDN you will be "verbally consented." This means you will be asked if you want to proceed. If you state "yes," you will not be asked to sign this form again. This form will be kept on file. You may request a copy of this consent form for your records.

DESCRIPTION OF PROCEDURE: During treatment for many of our patients, we commonly use a technique called **Trigger Point Dry Needling (TDN).** In many cases, TDN can help resolve sub-acute and chronic pain. TDN may be very effective for your medical condition.

TDN involves placing a tiny acupuncture needle into the muscle in order to release shortened bands of muscle and decrease trigger point activity. This can help resolve pain, release muscle tension, and promote healing. This is **not** traditional Chinese Acupuncture, but instead, a medical treatment that relies on a medical diagnosis to be effective. All Physical Therapists at Pace West Physical Therapy have met the requirements for Level I and Level II TDN training and have years of experience in performing the procedure.

RISKS OF PROCEDURE: While complications from receiving TDN are rare in occurrence, they are real and must be considered prior to giving consent for treatment. The most serious risk associated with TDN is accidental puncture of a lung (pneumothorax). If this were to occur, it may likely require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe puncture can require hospitalization and re-inflation of the lung. This is a rare complication, and in skilled hands, it should not be a major concern. Other risks include injury to a blood vessel, causing a bruise, infection, and/or nerve injury. Bruising is a common occurrence and should not be a concern unless you are taking a blood thinner. Additional possible complications include possible increased pain or other symptoms. As the needles are very small and do not have a cutting edge, the likelihood of any significant trauma from TDN is minimal.

<u>CHARGES FOR TRIGGER POINT DRY NEEDLING:</u> TDN is a procedure that requires additional equipment, expertise, and liability and, in most cases, is NOT covered by health insurance. The fee for the procedure is <u>\$30.00 per session</u>. This fee is in addition to your per-visit copayment, coinsurance or deductible. There is no additional charge for TDN if you are not using health insurance coverage and are paying out-of-pocket. If your care is covered by an auto accident or liability claim, TDN will be billed to your liability insurance carrier.

Name of Patient:	
Signature of Patient or Guardian:	Date:
Therapist's Signature:	Date:

Patient Cancellation and No-Show Policy

Policy Overview: At Pace West PT, we strive to provide excellent care to our patients in a timely manner. To do so, we have implemented the following Patient Cancellation and No-Show Policy. This policy enables us to better utilize available appointments for our patients in need of medical care.

Cancellation Policy:

- Patients are required to call 303-546-9201 or email <u>info@pacewestpt.com</u> at least 24 hours in advance to cancel an appointment. Please Note:
 - o **DO NOT REPLY** to our Autoremind appointment reminder email or text. The patient must email info@pacewestpt.com or call 303-546-9201.
 - Appointment reminders are sent out 2 days before the scheduled appointment by text message and email
- If you need to cancel a Monday appointment, please call our office by 3:00 p.m. on the previous Friday.
- Appointments canceled less than 24 hours before the scheduled time may incur a cancellation fee of \$83.

No-Show Policy:

- A "no-show" is someone who misses an appointment without canceling it in advance.
- No-shows will be subject to a fee of \$83.
- Repeated cancelations and no-shows may result in a reevaluation of your treatment at our clinic.

Implementation:

Patient Signature

- This policy will be communicated to patients at the time of booking their first appointment and will be included in the appointment confirmation emails.
- The front office staff is responsible for ensuring that the policy is clearly communicated and adhered to.

This policy is intended to promo	te efficient and effective patient ca	re and to ensure that our	patients receive
the timely attention they need.	Thank you for your understanding.		
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Date

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SIGNATURE



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CARD CREDIT AUTHORIZATION

Pace West Physical Therapy is committed to reducing waste and inefficiency and making our billing process as simple and easy as possible. Effective September 2023, we now require that you provide a credit card on file with our office. We run our payments through our HIPAA-compliant, secure practice management software <u>Authorize.net</u>. Your payment information is stored on <u>Authorize.net</u>'s secure servers for future transactions. Office personnel will not have access to your card. For your protection, only the last four digits of your card will show in our system.

- During the time you leave a credit card on file, if it expires or otherwise becomes uncollectable, we will expect you to promptly provide a new means of payment.
- Ultimately, you are responsible for knowing what services are covered, how often, and how much of the cost is your responsibility. You will be responsible for any portion of services that your insurance does not cover.
- This in no way will compromise your ability to dispute a charge or question your insurance company's determination of payment.

(PATIENT NA to securely store and ch	,	/ credi		•	MPANY)
(Patients are responsible for pay services that exceed benefit lim	•	•			• •
CREDIT CARD TYPE (circle one):	VISA	МС	DISCOVER	AMERICAN EXPRESS	HSA
CREDIT CARD #					
CARD CVC # (SECURITY CODE					
EXPIRATION DATE (MM/YY)					
ZIP CODE					
NAME ON CARD	(As it o	apped	ırs on card)		
EMAIL					

DATE